

ST. TERESA TIMES

The Legacy Continues...

SEPTEMBER 15,2022



f https://www.facebook.com/stsindirapuram



https://www.youtube.com/c/StTeresaSchoolIndirapuram



"Education is the key to unlocking the world, a passport to freedom"

Academic Director's Desk



Children always dream to attain a glorious status in Result 2021-2022 life, they want to lead in the field of business, music, dance, sports, painting, etc. some of them want to explore excellent careers in the field of various sciences or in administration, etc.

Magnificent dreams are important and help in deciding the goals but before aiming for anything you should be aware of the ground reality, you should hone for the skills required and work hard to attain the same.

There are unlimited possibilities unexplored, waiting for you, so recognize the powers that you all have inside but have never dreamed of. You can do things you never thought of. There is no limitation in what you can do, except the limitation in your own mind.

So pull up your socks and be ready to explore the exciting world, do lots of research, think out of the box, be innovative, grasp good knowledge and learn as much as you can while you are young since life becomes too busy later. I would suggest you:

- Take your own responsibility, you are the master of your own mind and body so involve yourself in productive engagements.
- Get up Early and start your day with little stretching exercises, and do little meditation to increase your concentration. Take healthy food so that you feel lighter and more energetic. Go early to bed.
- Adopt the value of simplicity and be simple, it will help you to stay grounded.
- While researching along with the survey and books, make maximum use of internet also. Now how much time you are going to devote to gadgets and for what purpose will determine the learning outcome.
- Reading good books always enhances your vocabulary, writing skills, and communication skills and generates new thinking, and above all increases concentration.
- Solve puzzles to train your brain to be logical and it enhances problem-solving skills. also.
- Develop one hobby which enhances your skill and master it. You will feel happy and feel more confident.
- Spend some time in nature
- Introspect frequently and make your learning strategy accordingly.

Always remember that time is a treasure and you have only 24 hrs. in a day so how are you going to spend your time will decide your future. Time management is an art and will be possible with self-discipline. I believe discipline is the ultimate key to success as it determines your approach toward life. Discipline keeps you focused and keeps you performing excellent" Focus of the mind is very important for the success, Swami Vivekananda said that difference between an extra-ordinary person and an ordinary person lies in the degree of concentration. So be determined, be focused explore the world!

Wishing you all the luck for your bright future!

Ms. Renu Srivastava Academic Director, St. Teresa School Indirapuram

"Success is the result of perfection, hard work, learning from failure loyalty, and persistence."

School Toppens

Class XII



99.4% STREAM: HUMANITIES



VAISHNAVI SINGH 99.2% STREAM: HUMANITIES



98.8% STREAM: HUMANITIES

Class X



KINJAL AGARWAL 99.2%



MANYA GUPTA 98.8%



PRANJALI KHANNA 98.6%

Route to Success





"Success: Setting little goals each day to accomplish the big one has been my key. Tracking my progress to see if I made myself better than yesterday or not and avoiding procrastination also proved to help me get the desired result."

DIYA SINGH (HUMANITIES-99.4%)



Motivation: I always look around myself for motivation and my parents and friends were a constant source of it. Seeing them working hard and accomplishing what they wanted to prompted me to be consistent with my efforts and work.

VAISHNAVI SINGH (HUMANITIES-98.8%)



"Even after constant pushbacks, the determination to keep giving a fresh start made me feel stronger throughout my journey. Apart from that, striking a right balance between academics and extra-curriculars helped me a lot.

My parents, teachers and Almighty constantly helped me sail forward and become better everyday. I am ever grateful to them."

SHRUTI MANOCHA (HUMANITIES-98,2%)



"Motivation: I always look around myself for motivation and my parents and friends were a constant source of it. Seeing them working hard and accomplishing what they wanted to prompted me to be consistent with my efforts and work."

RISHITA KALER (SCIENCE-97.8%)



"I equate my success to my never ending drive to constantly strive for the better and learn along way."

SOMIK JAIN (COMMERCE-97.8%)





VAISHNAVI SINGH 99.2% STREAM: HUMANITIES



DIYA SINGH 99.4% STREAM: HUMANITIES



SHRUTI MANOCHA
98.8%
STREAM: HUMANITIES

Celebrating 75 Years of Independence

Patriotism through Indian Cinema

In the beginning of Tryst with Destiny speech, Pandit Jawaharlal Nehru expressed his emotions to the nation when he said, "Long years ago we made a tryst with destiny, and now the time comes when we shall redeem our pledge, not wholly or in full measure, but very substantially. Since independence, many biographical films about patriots, like Shaheed-e-Azam (2002) and The Legend of Bhagat Singh (2002) fall in the same genre. A movie named Netaji Subhas Chandra Bose: The forgotten Hero was released in 2004; the movie represents all the sacrifices, struggles and works of Netaji. Several films of events after independence were also released. Hageegat, a film released in 1964 shows the courage of our freedom fighters in the Indo-China war in 1962. Border released in 1997 is considered to be one of the best cinemas depicting war and patriotism.

Indian Cinemas have always been a motivation to our young soldiers, sportsmen, and all renowned personnel. They were, they are and they will be enriching our hearts with patriotism.

SUJAY SAHA, IX B7

India's Intangible Cultural Heritage: A Global Treasure

India's 5000-year-old culture and civilization are the foundation of its intangible cultural heritage. Indian culture was never stagnant; it has always been dynamic. Many sources describe it as "Sa Prathama Sanskrati Vishvavara ". From the beginning, India's seclusion was never complete. This led to the emergence of a sophisticated pattern of civilization, which is amply illustrated by the intangible arts and cultural practices that span Ancient and Modern India. Heritage extends beyond museums and collections of artifacts. As well as oral traditions, performing arts, religious and cultural festivals, and traditional crafts, it also encompasses customs or live expressions that have been passed down from our ancestors to our descendants. A country is defined by its borders and geography, but its biggest identity is and always will be its language. India's diversity of dialects and languages is both a source of strength and a sign of its cohesion. The country's well-executed secular example is defined by the population's heterogeneity and ethnic variety, but our "Nation" is what unites us; it's the UNITY In DIVERSITY, we, Indians stand for.

ISHITA GUPTA, XII C

UNSUNG HEROES OF FREEDOM STRUGGLE

RANI VELU NACHIYAR (1730-1796)

She was the first Indian Queen to wage war with the East India Company in India.

She is known by Tamils as Veeramangai (Brave Woman).

BIRSA MUNDA (1875-1900)

Birsa Munda was another tribal revolutionary who raided police stations, government property, churches and houses of Zamindars.. The British caught him in 1900 and he died in June, 1900 while prisoned at the Ranchi jail.

Annie Besant (1847-1933)

Besant first visited India in 1893 and later settled there, becoming involved in the Indian nationalist movement. In 1916 she established the Indian Home Rule League, of which she became president. She was also a leading member of the Indian National Congress.

Peer Ali Khan (1812-1857)

Peer Ali was a bookseller, who played a leading role in the organization of the Great Revolt of 1857. He was captured by the British after the defeat of the rebel forces. Khan was given capital punishment for participating in the freedom struggle along with other rebels.



TRANSFORMATION JOURNEY DIGITAL INDIA

"Transformation to the power of digital" is the new mantra ruling the world today. But what exactly is this digital transformation? It is the real game- changer, it transforms the slow paced organizations into fast-moving ones. It opens a wide vista of opportunities never experienced before, and now that was once a necessary journey, but is now an urgent priority. India is at the cusp of a major revolution. "Start-up India & Digital India" are being promoted by the government of India. From the huge pile of files and the tedious manual work, digital India is

Pandemic created unprecedented challenges. All segments of the economy rose to the occasion & faced the challenges head-on.

now a paper-less, faceless & cashless economy.

let's have a sneak peek:

Number of sectors are getting digitalized as Education's strategies are getting digitally strong where 1.3 billion students faced disruption in learning, digitization made it possible for learning to reach each child in the confines of their homes. E-newspaper is also one of the great achievements as Hindustan Times, The Times of India etc. all have digital presence. Digital news has enabled small players to enter the field. Small black & white N.P.-----> coloured-pics ------> Glazed paper -----> Digital news. This is an amazing transformation. This is not yet ended, digitization in E-banking paytm, phone pay etc. has come a long way in defining the way we make payments.

We understand that "Digital transformation" is not just adding a layer of digital to business to join the "Pro" group. It's about shifting gears to a whole new way of working, thinking & staying ahead of the curve.

Saubhagya Agarwal 11 A2

Patriotism Saga

Patriotism is something we show for our country

As well as for the people who protect us, staying by the boundary.

Helping people and following the rules, those

who don't are such big fools

It's such a proud feeling to see our flag wave,

Thinking of the people who were treated as slave

and then came the fighters who were so brave.

If I am being honest, I still think history is a mystery,

Made by the proud Indians

who saved the future generations from such big misery.

So let's devote ourselves, for the love of our country

Following the steps of Gandhi,

Hiba Siddiqui 10 B4

Let's make a peace treaty over a cup of tea!

Patriotic Fervour

Vande Matram!

Patriotism is not only to sacrifice one's life for the nation. Patriotism may be one's loyalty for the nation, respect for the nation and most importantly love and honesty for the nation. True patriots are those who have strong determination to do something for the nation and they never ask what the country can do for them, they say what they can do for the nation.

We regard our country as mother and call it mother India. Mother India is truly blessed with patriotic citizens and we have many examples before us.

Shaheed Bhagat Singh, who sacrificed his life for the freedom of mother India and was hanged to death by British colonizers at the age of 23 years. Mahatma Gandhi, who devoted his life for the well-being of the countrymen. Major Som Nath Sharma, Captain Vikram Batra and many more.

Patriotism cannot be imposed on someone, it is a feeling that comes from the core of the heart and a strong desire that cannot be left uncompleted. Patriotism unites people to defend their nation and also work for its growth and prosperity.

"True Patriotism is doing something for your country"

Jai Hind jai Bharat!

Shivanshi Joshi 9 B2

This land is mine

The cage was mine
And so was the flight
The flight of mine
Of all the love
That I could give
My heart swells with love and pride
For the country where I live
The land of gold
And colour and of beauty
Here on this land of mine
I will always find joy and ecstasy

Shruti Jaswal XII C

'मेरे सपनों का भारत'

जब हम मनाएंगे 'सौ वाँ स्वतंत्रता दिवस' तब कैसा होगा? मेरे सपनों का भारत!

मेरा देश भारत। दुनिया के प्रसिद्ध देशों में से एक है। इसके भौगोलिक पर्यावरण, संस्कृति, परंपराओं की विशेषताओं के कारण यह एक महान देश के रूप में जाना जाता है। हमें अंग्रेजों से सन् १९४७ में अज़ादी मिली थी, तबसे हमारा देश उन्नति के मार्ग पर चल रहा है। और इस वर्ष हम ७५ वें स्वतंत्रता दिवस पर' आज़ादी का अमृत महोत्सव' मना रहे हैं। जो गर्व का विषय है।

परन्तु आज़ादी के ७५ वर्षों बाद भी कुछ चीजें अभी भी हैं जिन्हें हम सबको सुधारने की आवश्यकता है सर्व प्रथम अपनी मानसिकता को बदलना होगा जो स्वतंत्रता प्राप्ति के बाद भी पाश्चात्य संस्कृति से प्रेरित है। इसके अलावा शिक्षा और रोजगार, धर्म और जाति के नाम पर दंगे, भ्रष्टाचार और भी हज़ारो विकृतियाँ हैं जिन्हें सुधारना जरूरी हैं।

भारत ने पिछले कुछ दशको <mark>मे विज्ञान प्रौद्योगिकी शिक्षा और</mark> अन्य क्षेत्रो मे विकास देखा है।

मैं पूरी तरह से विकसित देश के रूप मे भारत का सपना देखता हूँ। जो न केवल विकास के क्षेत्र में उत्कृष्टता हासिल करेगा, बल्कि अपनी सांस्कृतिक धरोहर बरकरार रखेगा।

जयहिंद जय भारत

अनुभव सक्सेना कक्षा-10 ब4

क्या कहते है? तिरंगे के तीन रंग

तिरंगा हम सभी का मान है, सम्मान है। इसकी आन के लिए न जाने कितने वीरों ने अपने प्राणों का बलिदान हँसते-हँसते दे दिया। आज हमारी आजादी को 75 वर्ष होने जा रहे है और हर वर्ष तिरंगा शान से लाल किले पर फहराया जाता रहा है। लेकिन इस तिरंगे के तीन रंग क्या कहते हैं? हम सभी के अपने तिरंगे में तीन रंग होते हैं और हर रंग का विशेष महत्त्व है।

सबसे पहले केसरियाँ रंग है जो देश की ताकत और वीरो की शौर्य गाथा का प्रतीक माना जाता है। ये रंग हमारे देश के जवानों की शहादत का प्रतीक है।

दूसरा रंग है सफेद, ये रंग देश की शांति का प्रतीक है। इसके बीच मे सम्राट अशोक का धर्म चक्र है। जो देश की प्रगति का प्रतीक है।

तीसरा रंग है हरा, ये रंग हमारी उन्नति का प्रतीक है। भारत की दुनिया के विकास मे एक बहुत महत्त्वपूर्ण भूमिका है और इस राष्ट्र - की पहचान है हमारा तिरंगा है।

सौम्या सुमन कक्षा-10 ब4

समय के ललाट पर

जब अंग्रेजो ने झुकाया भारत का मस्तक , रानी लक्ष्मी ने दे दी भयंकर युद्ध की दस्तक। जब जब मुगलो ने दी युद्ध की ललकार, शिवाजी ने दिया जवाब देकर सिंह दहार।

है वो किस्मत वाले जिनका जन्म हुआ है इस पावन भूमि पर, जिसका सर मुकुट हिमालय है और चरणो मे हिंद महासागर। इतनी सुंदर मेरी भारत माँ जिसका विश्व मे सभी करते बखान, जिसकी शहीदों ने मिटकर भी सुरक्षित रखी आन।

सौम्या सुमन कक्षा -१० ब ४



राष्ट्रपिता महात्मा गांधी

महात्मा गांधी भारत के एक महान व्यक्ति थे जो आज भी देश और विदेश के लोगों को अपनी महानता की विरासत से प्रेरित करते हैं। गांधी जी का <mark>जन्म</mark> 2 अक्टूबर 1869 में गुजरात के पोरबदंर में हुआ था। वे बापू और राष्ट्रपिता के नाम सेभी जाने जाते हैं। बापू ने भारत को ब्रिटिश शासन से आज़ाद कराने में अवि स्मरणीय भूमिका निभाई थी। उन्होंने अनेक आंदोलन किए जिनमें कुछ प्रमुख आदोलन जैसे सत्यागृह दलित आंदोलन, चंपारण आंदोलन थे। भारत छोड़ो आदि आंदोलन शामिल है।उनके द्वारा किए गए आंदोलन से भारत के कदम आज़ादी की ओर बढते चले गए और 15अगस्त 1947 में हम पूर्ण स्वतंत्र हो गए।

प्रियांशा सोनी कक्षा १० ब ४

सुविचा

वो भारत देश है मेरा, जहाँ खिलते है फूल और होता है, सुनहरा सवेरा, जहाँ दिलो में होता है प्यार और माँ के हाथों में है दुलार। जहाँ दिल कहता है कि, किसी का दिल न टूटे बार बार

वह आज़ादी व्यर्थ है अगर उससे मनुष्य या लोगों को शारीरिक, मानसिक, सामाजिक और मनोवैज्ञानिक तौर पर खुशी न मिले।

संस्कृति १० ब४

देश भक्ति

देश भक्ति की आग जगी है, अब तो कुछ कर दिखलाना है। सबको पीछे छोड़कर भारत का मान बढ़ाना है। भारत माँ ने ही मान दिया दिये इसी ने प्राण। इसकी ही खातिर होता है हम सबका सम्मान। अब बारी आई हमारी, इनका ऋण चुकाना है सोने सा इन्हें सज़ाना है।

देश भक्ति की आग जगी है, अब तो कुछ कर दिखलाना है इस देश में मेरा जन्म हुआ ये बात बड़ी अभिमानी है। अब भी हर नर में राम बसे और नारी में बसती सीता है। जीवन का ढंग सिखलाती है, अब भी भगवत् गीता है। जिस से प्रथम विश्विद्यालय, और पहली सभ्यता सुहानी है, जिस देश से शुरू हुई शून्य ,दशमलव की कहानी है। यह आर्यभट्ट ने किया शुरु, गणित सभी ने माना है।

-शिवांशी जोशी <mark>9 ब2</mark>

Painter's Gallery



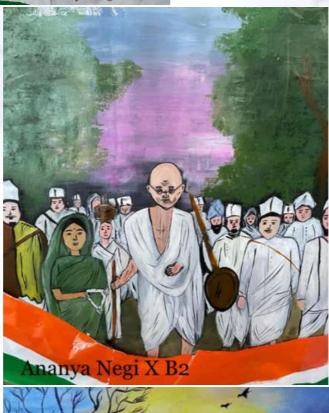






















"If the world really looks like that I will paint no more!"

Uncover the facts

FUN FACTS ABOUT INDIA

- Bhikaji Rustom Cama was the first Indian who raised the flag on foreign soil.
- Chess was invented in India.
- Algebra, Trigonometry and Calculus are studies, which originated in India.
- The first known mention of the solar system was found in the ancient Hindu text Rigveda.
- Meghalaya in India is the wettest place on the Earth.
- The jaw-dropping Chenab bridge spanning the Chenab river in Jammu is 1,178 feet above the water, making it the highest bridge in the World.
- From the 4th century BC for around 1,000 years, India was the only source of diamonds in the world.
- India has the highest population of vegetarians in the world.
- The world's largest Sundial is located in Jaipur, India.
- Coke and Pepsi are used as pesticides in some places of India.
- Kumbh Mela is the largest gathering on the Earth and is clearly visible from space.
- The ancient most surviving city of the world is Varanasi, India.
- Some of the best-known spices turmeric, cumin, saffron, and chili powders come from India and 70% of the World's
 spices come from India.
- Statue of Liberty- The Tallest in the world is situated in Gujarat, India.
- Shampoo originated in India.
- Keep aside the floating houses, there is a floating post-office in Srinagar, India.

KNOW YOUR COUNTRY

Q1. Who designed the national flag of India?

Q2. In which year did the Quit India Movement begin?

Q3. Who wrote the slogan "Self-Rule is my birth right and I shall have it"?

Q4. Who started the Ulgulan Movement?

Q5. Who was the first Governor-General of the Dominion of India?

Q6. Who is the poet of the patriotic poem 'Sarfaroshi Ki Tamanna'?

Q7. Which of the following Plan was known as the partition plan?

Q8. Who presided over the 1905 Congress session in Banaras?

Q9. How many princely states were there in India before the Partition in 1947?

Q10. When was India's National flag hoisted for the first time and where?

Q11. What was the exchange rate of dollar and rupee on August 15, 1947?

₹I = \$ I .II9

Square, Kolkata

Q10. August 7, 1906, at the Parsee Bagan

295.60

Q8. Gopal Krishna Gokhale

Q7. Mountbatten Plan

Qe. Ram Prasad Bismil

Q5. Lord Mountbatten

Q4. Birsa Munda

3. Bal Gangadhar Tilak

Qz. 1942

Qı. Pingali Venkayya

ANSWERS

EDITORIAL BOARD

Technical Head:- Ms. Vinita Sharma & Ms. Nupur Verma

Content Head:- Prabha Sharma, Manya Singh & Meenushri Khanna



